

SUNRISE LEARNING FOUNDATION



Cherishes Childhood, Salutes Motherhood

Founder's Note:

I wish to thank God for giving me the beautiful opportunity to nurture Sunrise Learning like my baby.

I am so proud and honoured to be a blessed Sunrizer and I aspire to take the educational and parent support services of this school, to amazingly new heights of excellence.

- Dr Sonali Kataria



Sunrise Learning Foundation caters to the needs of children on the autism spectrum, providing educational and para-educational services to these children. Sunrise also provides training to the parents of children with autism at an all India level.

Our next step is to create and set up a VOCATIONAL UNIT, for providing good learning and earning opportunities for adults on the autism spectrum.

**Sunrise Learning is a unit of Sunrise Learning Foundation with:
PRESCHOOL, EARLY LEARNING CENTER, PRE-VOCATIONAL CENTER,
PARENTS TRAINING CENTER & SPORTS ACADEMY FOR AUTISM
at SD 01, Sector 116, Noida (new address)**

www.sunriselearning.in

F: www.facebook.com/sunriselearningnoida122;

F: www.facebook.com/sunriselearningfoundation

E: sunriselearningnoida@gmail.com

Ph: 8585928038, 7042979118

Donation details: SUNRISE LEARNING FOUNDATION

Acc No 50200019669011; IFSC: HDFC0004263;

All donations are exempt u/s 80G and 12A of Income Tax Act

About autism: understanding the mystery

Autism is a neuro-developmental condition, usually reported between 1 and 3 years, with most common symptoms being: “no speech yet” or “still in diapers” or “doesn’t look at me” or “doesn’t respond to his name”.

- The child may have some or more of the following presenting features:

- Poor eye contact
- Difficulty to communicate his needs by pointing or gestures or small words,
- Difficulty to interact or play with peers, or toys in a meaningful way,
- Fixation/ obsession with certain things/ activities
- Repetitive activities (can do the same activity for hours alone)
- Withdrawal and disconnect from the environment
- Hardly any sense of danger / body awareness (may not get bothered by toilet accidents)
- Difficulty to express emotions and feelings effectively (may laugh/ cry inappropriately)
- Rigidity of routines, people and things (difficulty in flexibility of plans)
- Discord of senses (gets extremely disturbed with noise or lights or crowds or touching, or seeks excessive pressure or jumping, finds it difficult to focus, concentrate and follow instructions)



- On March 27, 2014, the Centers for Disease Control and Prevention (CDC) released new data on the **prevalence of autism** in the United States. This surveillance study identified **1 in 68 children** (1 in 42 boys and 1 in 189 girls) as having autism spectrum disorder (ASD).
- The current prevalence of autism in 2017 is perhaps 1 in 45.
- ***Since there is no cure yet, the parents of these children tend to either fall into denial mode, or depression, or false traps of “magical remedies”. There is a heartbreaking number of autism parents who resort to desperate measures including suicide, due to lack of support system and direction.***

How do Sunrise programs help parents?

- **Sunrise provides a great support system for these parents**, through all of these: forming parent networks, groups and forums for keeping in touch with each other, sharing their experiences, good and bad, and sharing relevant information, initiating team work for organizing parents and children events etc. We organize “autism mela”, frequent picnics, crazy fun events, art & dance competitions and sports events for children and their parents together.



- Most importantly, **we empower parents**, by providing them with adequate information about their children’s condition, their strengths and challenges, to bring about **complete acceptance**. Once the parents accept their children, exactly as they are, they are far more willing and motivated to help them in better ways.
- **Dermatoglyphics Multiple Intelligence Test (DMIT)** is an innovative technology, available with Sunrise to identify the strengths and interests of a child who is yet not able to express his/ her inclinations. Parents feel empowered once they are informed about their children's inherent abilities.
- Then we teach and train parents in every possible aspect of autism management, that is well established as of now.

How do Sunrise programs help children with ASD?

Principles:

1. Autistic children learn best through structured teaching methods, with visual supports. Therefore pictures and visuals form an important part of our learning programs.
2. Children with autism indulge in stimming/ isming (repetitive “weird” behaviors that children do, to satisfy their sensory needs). Therefore “joining” them in such “peculiar” activities and entering their bubble to play with them, **inside their world**, is a way of accepting these children, with a non-judgmental attitude. And this approach helps to develop a bonding and connectivity between the teachers and the children, that facilitates better learning.

At present, Sunrise Learning proudly conducts the following programs :

- Preschool (play-group, pre-nursery, nursery, and KG) for neurotypical children to provide a unique social environment, with inclusion
- Early Learning Center for junior children (3-6 years) on the autism spectrum for early intervention and ***inclusion with the preschoolers***
- Early Learning Center for senior children (6-12 years) on the autism spectrum for school readiness programs
- Pre-Vocational program “ican” for senior children (12-16 years) on the autism spectrum for teaching them skills for vocation
- Sports Academy (registered with Special Olympics Bharat) for conducting sports activities, specifically for autistic children
- **All these school and extra-curricular programs are directed towards achieving 4 fundamental goals for autistic children: *Independence, communication skills, social skills and sensory integration***

Apart from regular school programs, we also conduct and organize the following:

- Annual picnic (first Saturday of February)
- Annual Function (last Saturday of February)
- Annual Special Sports Meet (around World disAbility Day, 3rd December)
- World Autism Awareness Day (first week of April)
- Graduation Day (last Saturday of March)
- Founders Day and Children’s Day (on 14th November)
- Several competitive events for children and parents, Mothers dance parties
- Festival celebrations

Our approach and reach



- Our efforts are directed towards helping the parents to help their children in turn, so that the parents can identify the strengths and understand the special needs of their children, and then teach their children the skills needed to overcome the challenges associated with autism (the key skills being communication & independence).
- Till now, our NGO has helped **more than 150 autistic children in the school & pre-vocational programs together** (Sunrise provides a unique social environment for autistic children with group play activities and all relevant therapies under one roof: special education, occupational therapy, speech therapy, art, music and dance therapy, play therapy, yoga and sports). Providing an inclusive atmosphere to autistic children, with neuro-typical preschoolers is the key element for early intervention, that Sunrise Learning is proud of.
- We have also been providing once a week/ once a month (or once in two months) **home-programs for more than 65 children** of different states of India, who come to visit us for assessments, counseling, detailed discussion sessions as well as workshops/ training programs, to help them deal with the challenges of their children better, as according to these parents, such training programs are not available in their cities. Parents who come from very far off places are provided accommodation at nearby premises, with their children.
- One child comes to us from Saudi Arabia, once every 6 months, to get assessments and detailed home programs. He has benefitted immensely from these programs, and is enrolled in a mainstream school in Saudi.
- Also, so far, more than **100 mothers have been trained through our Mom & Child Programs**. Mothers come with their children from as far as Gauhati, Patna and Gorakhpur, to stay close to our premises and attend the 6-8 weeks Mom & Child training programs. It's a great opportunity to be a part of their learning journey.
- In the last 3.5 years, we have conducted more than **12 major workshops for parents**, several monthly & quarterly seminars, many Autism awareness programs, theater plays and stage shows in schools and near-by societies.
- More than **800 children have participated in our sports activities/ events**, through the Sunrise Learning Sports Academy, for various games & sports that are specifically tailored for autistic children as per the Special Olympics curriculum.

Our Founder members



Dr Sonali Kataria

Founder, Sunrise Learning Foundation:
MBBS, MD (AIIMS), DNB, MNAMS
Certified Autism Specialist (IBCCES)
Visiting Faculty (University of
Melbourne, AUS)
Son-Rise Program (Autism Treatment
Center of America, Massachusetts, USA)
Post Graduate Diploma in Education
Administration (Symbiosis)
Teachers Training in Special Education
for Autism (American Tesol Institute)
Center-Head, Sunrise Learning, Noida



Dr Ajay Sirohi

Co-Founder and Treasurer,
Sunrise Learning Foundation:
MBBS, DNB, MNAMS
Consultant Anesthesiologist
Emergency & Pain Specialist
Sir Ganga Ram Hospital, New Delhi



Dr VP Kataria

Vice-President,
Sunrise Learning Foundation:
MBBS, DA
Consultant Anesthesiologist
Emergency Management
Meerut
Senior Executive member
and ex-President, IMA Meerut

SUNRISE LEARNING TEAM



Sunrise Learning Team:

Doctors, Special Educators, Occupational Therapists, Clinical Psychologists, Speech therapists,
Vocational Special Educators, Special Sports teachers, Yoga teacher, Art & Dance teachers.
Sunrise mothers form the strongest support system.

LITTLE RAYS OF “JOY” AND LOVE



Sunrise proudly provides education to 21 under-privileged children, named as “Joy” students. These children belong to the Sunrise staff and the neighboring laborers. Sunrise either pays for the tuition fees of these children who are enrolled in close-by schools, or provides them with evening classes in Sunrise premises.

Besides, Sunrise Learning Foundation also provides special education facilities to under-privileged students with special needs, by fund-raising for them in various ways. Our “joy” students are a part of Sunrise family.

In the last 3 years, we have successfully conducted 5 major donation drives for laborers working in nearby construction sites, where the Sunrise students gift clothes, food, utensils, toys and other things to these poor people, and experience the “joy of giving”.



About Mom & Child Programs

*People will walk in and walk out of a child's life. But a mother will stay.
Therefore, a mother is the **BEST RESOURCE PERSON** for a child with autism.*



And so at Sunrise, we endeavor to empower the mothers by teaching and training them in every possible aspect of management.

During the 1.5 month long program, the mother works with the child, along with all the teachers, to bring about a **REAL MEANINGFUL** change in her child's life, by helping him/her to become independent and communicative. The mothers are provided certification for this training.



We conduct 2-4 Mom & Child Programs in a year.

Pre-vocational skills programs “ican” for ASD children aged 6-18 years

Autistic children can learn to be independent and to communicate through various means, if they are provided with consistent training in a structured environment. Their challenges can be transformed into their strengths, if they are given the RIGHT kind of training, started at the RIGHT time. The training includes Occupational therapy & sports along with teaching all kinds of life skills. Our pre-vocational training program called "ican" does just that.

Computer & Cooking classes



Mall visits, Indoor sports & games



Life skills & Money concepts

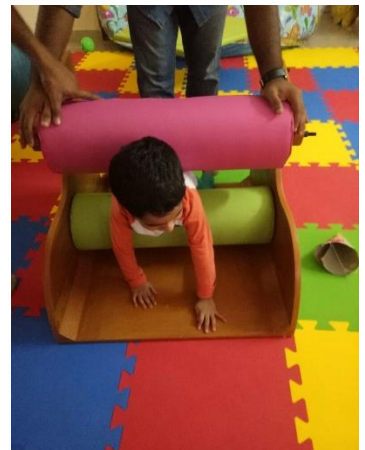


“ican” products will be available w.e.f. May 2018.

Kindly write to sunriselearningfoundation@gmail.com to request for product catalogues and book your orders.

Specialized Sensory Integration autism therapies at Sunrise Learning

Sensory Processing difficulties are commonly associated with autism. Children find it difficult to filter out excessive sensory inputs or to process information effectively, and exhibit “peculiar” mannerisms or “behaviors”. To help them in sensory processing, these therapies are done to integrate all 7 senses: touch, vision, hearing, smell, taste, proprioception (body awareness) and vestibular (balance). Music therapy is incorporated into almost all class activities to help the children stay calm & relaxed.



RECENT ACHIEVEMENTS 2018



Dr Sonali Kataria received prestigious awards for the efforts of Sunrise Learning Foundation in the fields of women (specifically mothers) empowerment.

Autism Spectrum: New Horizons 2 day workshop was organized on 20th and 21st April 2018 for bringing autism awareness amongst new parents and mainstream teachers. The workshop had 8 visiting faculty as guest speakers from various fields of autism and more than 50 participants.



PAST ACHIEVEMENTS

Opening Ceremony of Sports Academy August 2016



Annual Special Sports Meet 2016



Parents Workshop Sept 2016



NOMINATION FOR INDIAN WOMEN AWARDS 2016 BY ZEE TV



Donation Drive Christmas 2016



Special Olympics Event 2016 at Vasant Valley School, New Delhi



OUR RECENT ACHIEVEMENTS 2017



3rd Annual Sports Meet 2017



RAMLEELA 2017



Sunrise Learning 3rd Birthday 14th Nov 2017



ican Diwali products 2017



Sunrizers won medals at Cornerstone School Sports Meet 2017 and Art Competition 2017 at Kothari International School



Picnic 2017



Graduation Day & Autism Awareness Day 2017



RECENT ACHIEVEMENTS 2017 & 2018

Autism Awareness talk at Dr Subhash Chandra show Zee TV 2017



Annual function 2017



Mom & Child August 2017



ANNUAL FUNCTION 2018

Durga Puja stage performance 2017



ican Mom & Child Oct 2017



SPREAD THE LOVE



Grandparents Day 2017



ACHIEVEMENTS

Dr Sonali invited to chair a session in a talk show about women empowerment with Vidya Balan and other women dignitaries:

“Kya Kehta Hai India?” on Zee News November 2017



Autism Awareness TEDx talk November 2016



tedxpune2016 Let's welcome the lady that redefined care & learning for children with autism. Dr. Sonali Kataria on #WhyNot Care at #TEDxPune.

Sports Meet events

SUNRISE LEARNING Sports Academy successfully conducted 3 Annual Special Sports Meets in December 2015, 2016, 2017

in Noida. Around 250 children of different abilities participated every year. Below are news clips from 2nd and 3rd Annual Special Sports Meets 2016 & 17:

Sunrise Learning hosted second annual special sports meet on World Disability Day



Raigarh Today, Sunrise Learning (A Unit of Sunrise Learning Foundation) hosted second annual special sports meet on World Disability day for children with special needs at

Kothari International School, Noida. Children in the age group of 3 years to 16 years participated in competitive event on the sports meet. Winners were crowned with special prizes

and certificates and medals were awarded to all the participants to boost their confidence and learning skill. Sunrise Learning is non profit NGO that has been established with the prime

objective of promoting the advancement of education, art, science and health in the society and to promote cultural, sports, entertainments and youth activities. The main objective of Sunrise

Learning is to create and provide opportunities to autistic children for learning, playing, growing, performing, competing and winning together with their peers.



APRIL IS NATIONAL
AUTISM
AWARENESS
MONTH

3rd December is
International Day for
persons with different
abilities



Sunrise Sports Academy is registered with Special Olympics Bharat

Autism Awareness Campaign April 2018

Sunrise Learning hosted its 4th Autism awareness campaign in April 2018.



2018: the transformational year..!!

APRIL 2018: Activities planned for Autism Awareness Month:

1. Mom & Child Program (2nd April to 4th May 2018)
2. Autism awareness workshop for professionals & parents (20th and 21st April 2018)
3. Kids Sports Carnival in association with Decathlon
4. Autism awareness campaign with 12 schools in Noida
5. Disability certificate campaign for helping Sunrise and non-Sunrise students getting a Disability Certificate
6. Release of the ican catalogue: pre-vocational students would be offering a variety of hand made products for sale. Bookings for orders will open in April 2018

FUN and GROWTH in 2018

1. We have collaborated with 6 near-by schools for “inclusion interaction” opportunities for Sunrise students. Weekly activities for our children with mainstream students have been planned for various age groups.
2. Day and night fun camps for children have been planned in 2018, which can provide respite for parents for one full weekend.
3. Active music therapy is being incorporated into the curriculum of the school. A new set of musical instruments is proposed.
4. Computer class is being included in the ELC curriculum. New computers are proposed.
5. BUDDY PROGRAM for children with ASD to help them make friends
6. A daycare program for children of autism is proposed to provide inclusion opportunities for these children, and respite to their parents.

NEW BEGINNINGS

1. **Basic & Advanced Certificate course (6 months & 12 months) for professionals is being started in October 2018**
2. **Sunrise Evening school would be started from 4 pm to 7 pm, starting from May-June 2018**



Our associations, affiliations and ventures

In the last 2 years, we have developed some very fruitful partnerships with schools like Kothari International School Noida, Cornerstone Special School Greater Noida, Taal Dance Academy to name a few, that have been providing platforms for our students for participation in all spheres of development.

In 2018, we are in the process for getting accreditation from NIOS (National Institute of Open Schooling) for Open Basic Education for our students, as well as collaborations with major main-stream schools for inclusive education opportunities for our students.



Special Olympics
Bharat

SUNRISE LEARNING
SPORTS ACADEMY

Nelco™



Creative Streaks



DECATHLON
INDIRAPURAM

SPORT FOR ALL - ALL FOR SPORT



HOBBY CLUB



Studio 16



IBCCES

International Board of Credentialing
and Continuing Education Standards

Recognizing Professionals Dedicated to Promoting Quality Care

Provision of Services for Preschool, Early Learning Center, Pre-Vocational Center, Parents Training Center & Sports Academy for Autism

EN ISO 9001:2015

ATHENS, 29/12/2017

CERTIFICATION MANAGER



MS Certification
No. of Certificate 548



Autism
TREATMENT CENTER
OF AMERICA™

HOME OF THE SON-RISE PROGRAM® 1974



॥ वसुधैव कुटुम्बकम् ॥

SYMBIOSIS
Centre for Distance Learning (SCDL)



American TESOL
Institute

Come, be a part of this beautiful movement called Sunrise Learning Foundation

You are welcome to visit our school premises at SD 01, sector 116 (next to sector 77) Noida, UP from Monday to Friday, or working Saturdays any time between 9 am to 3 pm. It will be an honor to have your presence.



SUNRISE LEARNING FOUNDATION



NGO registered under The Indian Trusts Act, 1882

NGO registered under section 80G and 12A of the Income Tax Act, 1961

Donation category	Approximate amount
Donate a school building/ land in Noida	
Donate funds for a school building/ land	Rs 1 lakhs to Rs 1 crore
Make a donation through a cheque/ online transfer as one-time or monthly basis	Rs 500 upto any amount one time or per month
Contribute towards a child's special education programs	Rs 5,000 per month
Sponsor an Autism Awareness Campaign	Rs 2-4 lakhs
Donate a Vocational unit for adults with autism	Rs 10 lakhs
Donate a silent generator/ photocopier machine/ treadmills/ LED TVs/ color laser printers/ laptops/ desktop PCs/ microwave/ bakery unit/ projector system/ Biometric attendance device/ coffee vending machines/ outdoor play station for kids/ color laser printers/ washing machine etc	

To associate with us in any of these ways, kindly write an email at sunriselearningfoundation@gmail.com or call at 9873749118 or 9873149118

Donation details: For online transfer:

SUNRISE LEARNING FOUNDATION:

Acc no: 50200019669011, IFS code HDFC0004263

Cheques in favour of SUNRISE LEARNING FOUNDATION

Donations are exempted u/s 80G of the Income Tax Act 1961

Help us help them..!!

Lend a helping hand

